Residents Directory

Fort Mason Center houses over fifty resident organizations. These groups can provide you with information on the recording business, dance, broadcasting, theater, river rafting, marine ecosystems, printmaking, copyrights, boatbuilding, freelance writing and much more. Drop in at their offices to find out about classes, services, speakers or trips made available to you by these outstanding Bay Area groups.

BLDG. A
At Fort Mason Capital Campaign (441-3400)
City Celebration (474-3914)
Fort Mason Foundation (441-5706)
Greens Restaurant (771-6222)
S.F. Craft & Folk Art Museum (775-0990)
The Museum Gallery (441-4777)
Tassajara Bread Bakery 2 (771-6330)

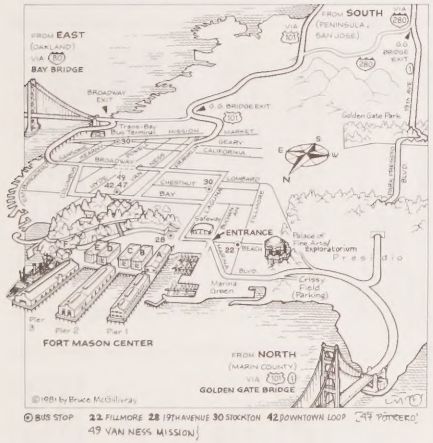
BLDG. B
Arts Arbitration & Mediation Services (775-7715 or 775-7200)
California Tomorrow (441-7631)
Community College Art Center at Fort Mason (776-8247)
Cooks & Company (673-4137)
Life on the Water (885-2790/office, 776-8999/box office)
Marine Exchange (982-7788)
Ploughshares Fund (775-2244)

BLDG. C
African American Historical & Cultural Society (441-0640)
California Lawyers for the Arts (775-7200)
Environmental Traveling Companions (474-7662)
Feedback Productions: Make-A-Circus, Tale Spinners (776-8477)
Friends of the River (771-0400)
The Fund for Animals (474-4020)
Museo ItaloAmericano (673-2200)
Perception Gallery (776-0347)
Performing Arts Workshop (673-2634)
S.F. Bay Area Dance Coalition (673-8172)
S.F. Children's Art Center (771-0292)
S.F. Folk Music Center/Plowshares Coffeehouse (441-8910)
Young Performers Theatre (346-5550)

BLDG. D
Artists in Print (673-6941)
Blue Bear School of Music (673-3600)
Friends of the S.F. Public Library (558-3770 or 771-3777)
Magic Theatre (441-8001/office, 441-8822/box office)
Media Alliance (441-2557)
Mexican Museum (441-0404)
Poetry Film Workshop (621-3073)
Western Public Radio (771-1161)

BLDG. E
Computer Alliance (771-7133)
Greenpeace (474-6767)
National Park Service
Collections Management (556-3797)
J. Porter Shaw Library (556-9870)
The Associates of the J. Porter Shaw Library (556-9870)
Lifeline Marine Research (775-6497)
Marine Mammal Fund (775-4636)
Oceanic Society Expeditions (441-1106)
Oceanic Society, S.F. Bay Chapter (441-5970)
Yacht Racing Assn. of S.F. Bay (771-9500)

PIER 1
Ace Mailing (863-4223)
PIER 3
National Liberty Ship, SS Jeremiah O'Brien (441-3101) east dock
BLDG. 1 Bay & Franklin entrance
Fort Mason Officers Club (441-7700)
BLDG. 101 Bay & Franklin entrance
National Park Police (556-5801)
BLDG. 111 Bay & Franklin entrance
S.F. Conservation Corps (928-7322)
BLDG. 201 Bay & Franklin entrance
Golden Gate National Recreation Area (GGNRA) Headquarters (556-0560)
BLDG. 204 Bay & Franklin entrance
Golden Gate National Park Assn. (556-0693)
BLDG. 240 Bay & Franklin entrance
San Francisco Intl. Hostel (771-7277)



DIRECTIONS: **East Bay**—Bay Bridge to Broadway Exit. Follow Broadway to Van Ness & turn right. Follow Van Ness to Bay & turn left. Follow Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.
Peninsula—US 101 North to Franklin St. Exit. Follow Franklin to Bay & turn left. Take Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.
Change of Address: Forward both old & new addresses, plus a copy of your most recent mailing label, if possible, to Calendar, Fort Mason Center, Building A, San Francisco, CA 94123.

Fort Mason Foundation
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San Francisco, CA 94123

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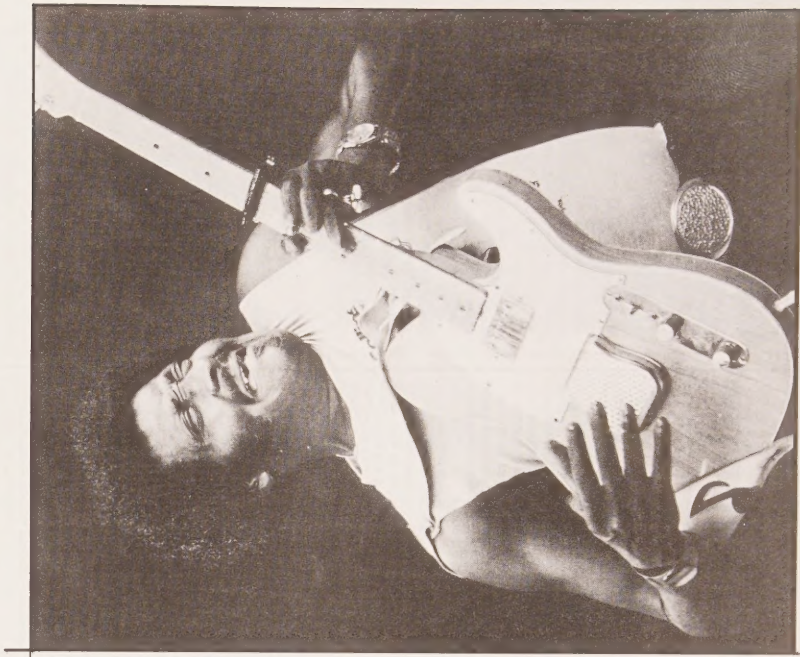

Photo: Paul Natkin/ Photo Reserve

Albert Collins, the Master of the Telecaster, will perform Sunday at the 15th Annual San Francisco Blues Festival (9/12&13).

FOR THE ARTS, HUMANITIES, RECREATION, EDUCATION AND ECOLOGY.

FORT MASON CENTER

September 1987

FORM & FUNCTION IN THE PIERS

AT FORT MASON
CAPITAL CAMPAIGN

The At-Fort-Mason Capital Campaign is a $7.5 million fund-raising effort to complete ten major renovations projects within the historic Piers and Landmark Buildings of Fort Mason Center. To date, over $4 million has been raised.

Recent visitors to Piers 2 and 3 at Fort Mason cannot help but notice large structures within the piers, like giant Erector sets. These towers and catwalks serve both an aesthetic and useful function in the renovated pier spaces.

The new lobby and cafe areas being constructed in Pier 2 are defined by this series of interior girders and soaring light towers. In addition to dividing the space visually, the structures also provide a decorative backdrop for exhibits. Thus, users can take the space "as is" and their display materials will appear made for the exhibit areas. Alternatively, if a group wishes to make a more dramatic statement with decorations, the system of girders makes it easy to hang flags, banners, spotlights, or other special exhibit materials.

David Williams of Robinson Mills & Williams, architects for the Fort Mason Center renovations, explains: "The piers are intended to provide much-needed facilities that benefit both the convenience of the exhibitors as well as the enjoyment of the general public. The design problems within the Landmark Piers are to define vaulting spaces, keep the space as versatile as possible for a variety of uses, and allow for different sectors of the interior to be used for various purposes without the expense of walls, while maintaining the integrity of the original pier structure. The solution to all of these design criteria is the web of towers and girders. Other improvements in the piers include all new electrical wiring and lighting systems, new food preparation areas for caterers, and new restrooms. The previously sloping bumpy floors have been smoothed and leveled. The wind, which used to roar through the entrances to the piers, is now tempered by new glass doors."

Photo: Tom Silourella

Giant Erector set constructions are transforming Piers 2 and 3.

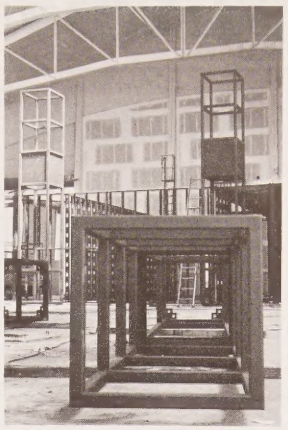

Photo: Janice Tong

All the new construction, however high-tech and functional, is sympathetic to the original character of the Landmark Piers. The upgrading for visitor comfort and safety, as well as the easing of exhibitor logistics, will attract an ever-increasing array of public offerings to the Fort Mason Landmark Piers.

This is just one of many Capital Campaign projects described in previous issues of the Calendar. For more information, call 441-3400.

DRIVING SAFELY

Consider this unpleasant prospect: you've just received a traffic citation for a moving violation. Not only will you have to pay a hefty fine, you'll probably have your automobile insurance premium raised by a sizeable amount. But there's no need to get depressed—there is an alternative. Under California law, you have the option of completing eight hours of traffic school, and having the ticket completely dismissed. Quite a bargain, to say the least.

Every month at Fort Mason Center there are several traffic school sessions to choose from. Participants can attend one all-day class (9am to 5pm) or two evening classes (6:30 to 10pm) to fulfill the required eight hours. "I think that traffic safety is an exciting area," says Bryan Smith of the California Institute of Driving. "We are very happy putting on these programs and being part of the Fort Mason community." Bryan, who has a law degree and an M.A. in psychology, is the primary instructor and organizer of this state-licensed and court-approved traffic school. As he points out, traffic school shouldn't be thought of as punishment, but rather as a chance to evaluate driving habits and to brush up on driving skills, as well as review traffic laws. "Because of California's mail-in registration program, many of us haven't had to take a driving test in years, and most of us could use a refresher course anyway."

Bryan is always looking for ways to improve his program. For example, he tries to keep changing and updating his collection of videos, and finding new hand-out materials. A new development is the creation of a program exclusively for seniors. This will not only be for traffic violations, but also for those who wish to take advantage of the new state law requiring insurance companies to give discounts to seniors 55 years of age and over who complete a state-approved traffic education program.

On a typical night in traffic school, the room is filled to capacity. Bryan begins by asking each participant to tell about receiving their citation, which breaks the ice and inevitably leads to a round of lively discussion on anything from traffic laws to automobile insurance. Then there are videos to watch, on topics such as demystifying road signs, or how to deal with truckers on the highway. Participants are surprised to discover that the eight hours pass by quickly and painlessly. On completion of the course, you receive a certificate to mail to the court, and you can forget all about the big fine and the insurance increase that had been hanging over your head.

If you would like more information, or a schedule of traffic school sessions, call the California Institute of Driving at 421-6552.

—Kelly Clement

GETTING IN SHAPE AT FORT MASON

Whether we like it or not, winter is coming on. Soon, for many, the weekend hikes or bike rides in the park will be replaced with a good book in a comfortable chair or catching up on video rentals—more time spent indoors with less exercise. Now is the time to get a head start on those inevitable New Year's resolutions by staying fit or getting into shape.

Fort Mason may be the place to begin. Many Bay Area instructors present a variety of physical exercise classes here. Included are *ballroom and folk dancing, Feldenkrais method* movement lessons, Hatha Yoga and many martial arts classes, covering everything from kung fu to tai chi. This month we feature three very popular aerobic exercise classes.

Jazzercise was founded in 1969 by Judi Sheppard Missett to share the joy of dance with people who might be intimidated by the discipline of traditional jazz dance or the high intensity of aerobics, and to offer a total body workout to those pursuing an enjoyable way to fitness. Today, Jazzercise classes are offered to more than 400,000 students in all 50 states and 16 other countries, including Canada, Australia, Italy and Japan. The program includes a warm-up, aerobic cardiovascular workout, cooldown, toning, strengthening and stretching exercises. As a total experience for the body and mind, Jazzercise emphasizes stress release and fun. Each class is 60 minutes long, with routines choreographed to a variety of music in simple-to-follow movements. It is a program meant for everyone. Instructors are carefully chosen and trained to ensure excellence and uniform quality. They are trained to cue participants on exercise modifications, pacing, correct breathing and other safety tips, and all are required to hold a current CPR certificate. Certified instructor Sharon Campbell offers Jazzercise classes in Building C, Fort Mason Center, on Monday, Wednesday and Friday mornings from 9 to 10am. The price per class ranges from $2.50 to $5. For more information, call 681-1295.

New Dimensions in Exercise is an aerobics class designed for people 40 years and older, with seniors especially encouraged to come. The class is an hour long, gentle yet challenging—a nonimpact stretching and conditioning program in a noncompetitive atmosphere. Classes are offered Tuesday and Thursday mornings in Building C from 10 to 11am, and range from $1 to $4 per class. Cal 456-7525 for more information.

For those who need a rigorous workout, **The Kicks Company** holds fast-paced aerobic exercise classes in nine neighborhood locations throughout San Francisco, including Fort Mason. Director Soni Goodman, confined to a wheelchair after an auto accident, taught herself exercise physiology and went on to found The Kicks Company when she was rehabilitated. Her program is designed to develop muscular strength and endurance, cardiovascular health, flexibility, and overall muscle tone using an athletic exercise routine set to music. Because rhythm makes exercise easier, more fun and makes time pass more quickly, the music chosen is a highly-charged combination of rock, new wave, soul, oldies, rhythm and blues, country and reggae presented over an excellent sound system. The selection includes new bands and foreign releases as well as pop FM, and it's changed every five to six weeks. The classes run from $3 to $5 and are held from 6 to 7pm in Building C. For more information, call The Kicks Company at 921-0477.

For information about other exercise classes presented at Fort Mason, see Classes and Workshops listings for Martial Arts and Health & Recreation.

—Kelly Clement

Sharon Campbell leads the Jazzercise dance fitness classes at Fort Mason.

Thank You!

The Fort Mason Foundation gratefully acknowledges contributions received from the following foundation, corporate and government donors:

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All events are presented through the cooperation of the Fort Mason Foundation.

Friends of the Fort

Friends of the Fort Benefits

Individual—*Monthly Calendar • Friendship card • discount on Magic Theatre's season subscription (late summer and early fall) • discounts on single ticket prices for Magic Theatre, Life on The Water • 5% off sales at SFMMA Rental Gallery • discounts on selected special events*

Bonus/Family—*All of the above + 2nd Friends card (same names) + coupon book with discounts for plays, concerts, workshops, classes & activities*

Participating—*All of the above + "Friends of the Fort" T-shirt*

Supporting—*All of the above + coupon for free fine art quality Special Event poster*

Donor—*All of the above + two (2) tickets to a Magic Theatre production*

Sponsor—*All of the above + two (2) tickets for a Whale Watching Trip, OR 1 ticket for a Natural History Trip to the Farallon Islands*

Patron—*All of the above + special recognition in Fort Mason's Capital Campaign*

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FORT MASON CENTER

FOUNDED IN 1977

Daily recorded messages of Fort Mason activities and events: 441-5705

September 1987

Photo: Janice Tong

9/12&13 The 15th Annual SF Blues Festival

1 TUESDAY
Friends Of The San Francisco Public Library Book sale features paperbacks three for a dollar & hardcover books for $1. Every Tue, Wed & Thur 9/1-30 10am-1pm FREE adm Bldg D 771-3777

People Who Love Too Much A self-help group for women/men whose relationships with people leave them in more emotional pain than pleasure. 9/1-29 Tue&Sat 7-8:30pm $1 Bldg C 753-6106

Psychic/Spiritual Channeling Twice a month channeling, group messages & answers to questions on personal growth. 9/1&15 Tue 7-10pm $15 Gatehouse/Bldg C 485-5913

2 WEDNESDAY
Adult Children Of Alcoholics An independent 12-step program governed by traditions of self-support, autonomy, non-affiliation & anonymity. The focus is on parental alcoholism's effect on childhood as manifested in dysfunctional adult behaviors. 9/2-30 Wed 7-9pm FREE Gatehouse 695-2727

SF Architectural Club A monthly meeting open to anyone interested in architecture & its allied arts. Come share your interest w/others. 8-11pm FREE Bldg C 434-0320

Friends Of The Library Sale see 9/1

3 THURSDAY
Friends Of The Library Sale see 9/1

4 FRIDAY
Recycling Center will purchase aluminum cans, glass bottles & jars, newspapers, computer paper & white office paper. Donations gladly accepted. 9/4-26 Fri&Sat 9am-1pm, So. end of parking lot near Gatehouse 282-2479

5 SATURDAY
Get Active For Animals The Fund for Animals welcomes all who are interested in finding out how to become involved in animal rights issues. 1pm FREE Bldg C 474-4020

People Who Love Too Much see 9/1
Recycling see 9/4

6 SUNDAY
Round Robin Readings Bring your own or your favorite author's poems to this open poetry reading hosted by Herman Berlandt, editor of *Poetry: San Francisco Quarterly.* 7-10pm $1 FMC "Friends" 25% off w/mbrs card, Bldg D 621-3073

Alcoholics Anonymous Ongoing weekly waterfront meeting. Open to the public. 9/6-27 Sun 8-9:15pm FREE Bldg C 983-4000

8 TUESDAY
Friends Of The Library Sale see 9/1
People Who Love Too Much see 9/1

9 WEDNESDAY
Friends Of The Library Sale see 9/1
Adult Children Of Alcoholics see 9/2

10 THURSDAY
Introduction To Computers The subject of this one-hour class rotates monthly from word processing through data bases, spreadsheets & operating systems. Presented by Computer Alliance. 5:30-6:30pm $15-$5 Bldg D 771-7133

AIDS Workshop presented by Louise Hay, noted metaphysical healer, author & lecturer. Her message is teaching people to love themselves. 7-9:30pm $10 Bldg A 826-2000

Friends Of The Library Sale see 9/1

11 FRIDAY
Underwater Photographic Society Monthly meeting w/slides, film or lecture on diving around the world, plus information on slide competition & upcoming dive trips & events. 7:30-10pm FREE Bldg C 537-9249

US-China People's Friendship Association A monthly educational program providing information on various aspects of life in the People's Republic of China. 7:30-9:30pm $2 Gatehouse 863-0537

Recycling see 9/4

12 SATURDAY
Fort Mason Tour Free guided walks through this cultural & recreational facility. Over 50 arts, environmental & cultural groups make Fort Mason Center their home. Museums, theaters, galleries, classes & workshops utilize these converted military warehouses. Two September tours: 9/12&26 11am FREE (call to reserve space) Bldg A 441-5706

Feria de la Bahia: A Taste Of Mexico As part of the activities opening the Mexican Museum's folk art exhibition, "La Cocina Mexicana," this fair celebrates the cultural & ethnic diversity of Mexico through food, music, dance & craft. Regional Mexican & other Latin American foods, a village marketplace, traditional Mexican music & dancing, demonstrations of Mexican crafts, cooking preparations & a food forum are all part of this day-long celebration. Food forum 10am-1pm $10 (includes fair adm), reservations a must; Fair 11am-5pm $5-$3 (chdrn under 6 FREE) Pier 2, 441-0445

Photo: Wolfgang Dietze

9/12 Feria de Bahia: A Taste of Mexico

15th Annual SF Blues Festival This 2-day festival offers an extraordinary array of blues greats from around the country in the magnificent outdoor setting of Fort Mason's Great Meadow. Entertainment lineup for Sat 9/12: Joe Ely, Rockin' Dopsie & His Zydeco Twisters, Lonnie Brooks, Maxine Howard, James Haman Band, Lady Bianca, Bowling Green John Cephas & Harmonica Phil Wiggins, Roy Rogers & The Delta Rhythm Kings w/special guest Buddy Guy. Sun 9/13: Albert Collins, Roomful of Blues, Memphis Slim, Little Charlie & The Nightcats, Jeannie & Jimmy Cheatham & The Sweet Baby Blues Band, J.C. Burris, The Angela Strehli Band featuring Denny Freeman, Ernie Johnson & The Bobby Murray Band. Sat&Sun 9/12&13 Noon-6pm Great Meadow (Bay & Franklin St. entrance) $10/advance, $12/day of show, $16/two-day ticket available through BASS 762-2277

Copyright Clinics Artists of all disciplines can consult with a noted copyright attorney about how to complete U.S. copyright forms, as well as related questions such as work-for-hire arrangements, jointly-held copyrights & renewing & modifying copyrights. Presented by California Lawyers for the Arts. Two September clinics: 9/12&26 10am-12:30pm $15-$5 Bldg C 775-7200

Learning To Love Yourself A workshop about treating yourself with love & respect & letting go of critical self-judgments. Learn the practical tools to accomplish these goals with Sharon Garell. 10am-4pm $50 Gatehouse 456-1936

PSA Fall Seminar Seven slide show presentations by three California photographers will cover such fundamentals as use of lenses & filters, lighting & close-up techniques, making prints, & blending of pictures & music. 9:30am-1pm $30-$20 Bldg A 556-2377

People Who Love Too Much see 9/1
Recycling see 9/4

13 SUNDAY
Plowshares Coffeehouse presents an evening of folk music to celebrate Faith Petrie's 72nd birthday. Music is provided by Faith & the Etna Street Heretics, featuring Holly Tannen and David Morris. 7:30pm $7 Bldg A 441-8910

Round Robin Readings see 9/6
Alcoholics Anonymous see 9/6
15th Annual SF Blues Festival see 9/12

14 MONDAY
Man & The Sea Open House Monthly open house & lecture for members, guests & interested public, featuring varied presentations on ocean-related topics. Presented by the Oceanic Society. 6-9pm $2 Bldg C 441-5970

IBM AT/XT Clone User Group Information sharing & education for AT/XT clone users & prospective users. 6-9pm $2 Bldg E 861-9321

Museo ItaloAmericano Film Series presents *The Clowns* (1970), directed by Federico Fellini. In Italian w/English subtitles. 7pm $3-$2 Bldg C 673-2200

FRIENDS OF THE FORT DISCOUNT

15 TUESDAY
Child Care & Elder Care "Big Questions for Small Business" is the title of this conference which will highlight cost-effective ways that small businesses can recruit & retain employees with dependent care requirements. Sponsored by the Children's Council of San Francisco. 9am-1:30pm $20/pre-reg, $40/at the door Bldg A 864-1881

Friends Of The Library Sale see 9/1
People Who Love Too Much see 9/1
Psychic/Spiritual Channeling see 9/1

16 WEDNESDAY
Friends Of The Library Sale see 9/1
Adult Children of Alcoholics see 9/2

17 THURSDAY
Astro-Soul: Psychometry As A Healing Tool In this seminar, explore the topics of the conscious & unconscious mind, communication with spiritual guidance, & the psychic abilities of intuition & prophecy. 7:30-10:30pm $10 Bldg C 540-5200

Friends Of The Library Sale see 9/1

18 FRIDAY
Recycling see 9/4

19 SATURDAY
World's Greatest Garage Sale & Flea Market Over 60,000 square feet of new & used merchandise including clothing, furniture, artwork, antiques, overstocked goods, imports & the unexpected. Presented by KYA/KSFO & Stroh's to benefit the City of Hope National Medical Center. 9/19&20 Sat&Sun 9am-6pm $1 adm Pier 3 863-7677

SS Jeremiah O'Brien Open Ship Weekend The 441-foot World War II cargo ship revs up its giant steam engine. Also available are souvenirs from the ship's Slop Chest Store. 9/19&20 Sat&Sun 11am-4pm $3-$1 ($6 fmlys) Pier 3 Dock 441-3101

Psychic Reading Fair Psychic Horizons is conducting a reading fair for anyone who wants a psychic reading or healing. Now is your chance! 1-3pm $5 Bldg C 387-8575

People Who Love Too Much see 9/1
Recycling see 9/4

20 SUNDAY
Astro-Soul: How To Perceive/Identify Electromagnetic Energy In this seminar, improve your ability to clarify the thoughts & feelings from your environment, explore communication w/spiritual guidance, & heal relationships. 10am-1pm $17 Bldg C 540-5200

Round Robin Readings see 9/6
Alcoholics Anonymous see 9/6
World's Greatest Garage Sale see 9/19
SS Jeremiah O'Brien see 9/19

21 MONDAY
SF PC Users Group welcomes anyone interested in the IBM & compatible personal computers. Come share your knowledge & solve your problems. Software will be on sale. 7:30-9:30pm $2 Bldg A 781-4109

22 TUESDAY
Friends Of The Library Sale see 9/1
People Who Love Too Much see 9/1

23 WEDNESDAY
Friends Of The Library Sale see 9/1
Adult Children Of Alcoholics see 9/2

24 THURSDAY
Friends Of The Library Sale see 9/1

25 FRIDAY
Portfolio Review Graphics professionals may have their portfolios reviewed at Artists in Print. 6-9pm $10 Bldg D 673-6941

Recycling see 9/4

26 SATURDAY
Art Exhibit By MICA Works from The New Art School by 15 diverse painters & students who meet weekly to criticize each other's work & talk about art in order to grow as individual artists. Noon-6pm FREE adm Bldg A 476-1884

MICA
The New Art School

The Comedy & Humor Writer's Association presents a conference for professionals & newcomers. Six professionals give inside tips on secrets of writing comedy & humor. Keynote speaker will be Emmy Award-winning comedy writer Gene Perret. 9am-6pm $50 Bldg C 751-6725

ESP Fair This day-long event features twelve readers, continuous slide shows & lectures. 11am-5pm $2 Firehouse 367-0369

People Who Love Too Much see 9/1
Recycling see 9/4
Fort Mason Tour see 9/12
Copyright Clinics see 9/12

27 SUNDAY
Mini Book Sale Hardcover & paperback books 30¢ or 4 for $1 w/titles from Art to Zoology. 11am-4pm FREE adm Bldg A 771-3777

Plowshares Coffeehouse presents an evening of folk music. Magical Strings, featuring Philip & Pam Boulding, interweave the luscious tones of the harp & hammered dulcimer, taking us back to the Celtic Renaissance. 7:30pm $7 Bldg A 441-8910

Round Robin Readings see 9/6
Alcoholics Anonymous see 9/6

9/27 Magic Strings, Philip & Pam Boulding perform at Plowshares Coffeehouse

28 MONDAY
The Fourth World & New Economics Symposium A weeklong conference on human-scale solutions to global problems, comprised of five forums: social transformation, economics, ecology, politics & communications. 9/28-10/1, Mon-Wed 10:30am-5pm, Thur 9-11am, $40 Bldg C (717) 225-3745

29 TUESDAY
Friends Of The Library Sale see 9/1
People Who Love Too Much see 9/1
New Economics Symposium see 9/28

30 WEDNESDAY
Manslaughter Magic Theatre begins its new season with an exceptional new work by Bay Area playwright Nicholas Crawford. A judge & her pharmacist-brother are terrorized by the volatile & eccentric Major Jackson, who is awaiting trial for the "murder" of his terminally-ill sister. Hilarious in its portrayal of our criminal justice system, bizarre in its twists of plot, and, finally, incisive in its look at the moral implications of euthanasia, *Manslaughter* breaks all stylistic molds, combining the menace & suspense of a brilliant murder mystery with the wild humor & pathos of high comedy. 10/6-11/15 (previews 9/30-10/3) Tue-Sat 8:30pm, Sun 2&7:30pm, $17-$10 FMC "Friends" $1 off w/mbrs card Magic Theatre Bldg D 441-8822

Friends Of The Library Sale see 9/1
Adult Children Of Alcoholics see 9/2
New Economics Symposium see 9/28

Visual Arts & Media

Fort Mason Art Center, a division of the S.F. Community College District, offers ongoing classes in painting, drawing, sculpture, ceramics, printmaking, photography, basketry, jewelry, stained glass & textiles. Also offered are workshops in handmade paper, Chinese brush painting, pastels, photography, & children's art classes. Call for more information Bldg B 775-5579

Handmade Paper Class An introduction to traditional handmade papermaking methods for contemporary expression. Patricia Roth O'Connor, instructor. 9/14-10/5 Mon 6-10pm $75

Western Public Radio offers classes: Basic Radio Production, Basic Voice Techniques, Voicing Commercials, Advanced Production Technique & On-Air Board Operations. Bldg D. For information call 771-1160

Artists in Print offers workshops in pasteup, production, graphic design, illustration, advertising agency art direction each fall & spring. For info. please write AiP Survival Workshops, Fort Mason Center, SF 94123, & enclose a SASE. 673-6941

Perception Gallery A hands-on workshop w/Elaine Amoruso exploring the language of vision, held on the 1st Sat of each month. 9/5 Sat 12:30-3:30pm $5 incls materials Bldg C 776-0347

Media Alliance offers classes, workshops & panels. Bldg D 441-2558

Issues In Business Reporting A critical look at business journalism, the fastest-growing sector of print media in the 80's. Emphasis will be on gauging national economic trends through analysis of the local landscape. 9/10&17 Thur 7-9pm $50-$40

Taxes & Business Practices Learn the fundamentals of setting up shop as an independent contractor. Topics include record keeping, deductions, tax laws, & support services. 9/16 Wed 6:30-9pm $35-$20

Computer To Computer: How to Send Documents By Wire This class will introduce users to methods of document file conversion. A must for writers sending manuscripts to editors via disk. Some computer experience will be assumed. 9/23 Wed 6:30-8:30pm $25-$15

Introduction To Grantseeking This class will help participants understand the kinds of information needed to put together a comprehensive & effective fundraising campaign. 9/21 Mon 6:30-8:30pm $15-$10

Intensive Video Production Workshop An intensive hands-on weekend workshop that will teach the basics of remote video production. Participants will learn the fundamentals of video camera work; video recording; audio, lighting & field production techniques; directing & basic editing. 9/11-13, Fri 6-9:30pm, Sat 10am-5pm, Sun 1-6pm, $155-$145 (space is limited to six)

Health & Medical Writing An intensive workshop designed for current & aspiring writers interested in health & medical issues. Participants are encouraged to bring their stories, drafts or published pieces for feedback. 9/19 Sat 10am-4pm $55-$45

Poetry Film Workshops Bldg D 621-3073 FMC "Friends" 25% off each workshop w/mbrs card.

Word Magic & The Power Of Language Herman Berlandt will conduct a study of innovative techniques in modern poetry & the use of wordgames for the stimulation of creativity & originality in writing. Wed 7:30-9:30pm $25/6wks

Video Production Workshop Hands-on practical course in videotaping covering all basic skills in writing, shooting, lighting, editing & sound production. Sat 10am-6pm $100/3wks. Pre-reg. req.

Basic Film Kris Van Kampen covers all aspects of filmmaking, script to soundtrack & completion of individual short film. Sun 3-6pm $100/8wks. Pre-reg. req.

Health & Recreation

Awareness Through Movement/Feldenkrais Method Julie Casson teaches gentle, effective movement lessons designed to improve your posture, grace, breathing & power in everyday or specialized movement. Suitable for athletes or those with movement difficulties. Tue Noon-1pm $5.50 Bldg C 333-6644

Awareness Through Movement/Feldenkrais Method uses structured exercises for relaxation & flexibility; improves & increases range of movement & posture. Wed 6-7:30pm $7 Bldg C 946-9449

Greek Dance Enjoy Bay Area Greek festivals, learn the fundamentals of popular Greek folk dances w/Anna Efstathiou. Mon 7-10pm $5 Bldg C 339-8357

The Kicks Company/Rock Exercise Aerobic exercise set to music w/emphasis on toning & cardiovascular improvement. Tue&Thur 6-7pm $5/drop in, $3 w/card Bldg C 921-0477

Success Without Stress Understand the causes of human suffering, loneliness & fear. Sat 3:30-5pm, Thur 7:30-9pm $3 Bldg C 661-0148

Hatha Yoga Helps you reduce stress & increase your level of fitness. Learn postures that are appropriate for you. Tue&Thur 6-7:30pm $7/class or $48/8 classes Bldg C 753-8817

Jazzercise Have fun with the #1 dance fitness program while you warm up, work aerobically, strengthen & tone muscles, & cool back down. Mon, Wed&Fri 9-10am $5-$2.50/class Bldg C 681-1295

Classes and Workshops

New Dimensions in Exercise Gentle & challenging, a non-impact stretching & conditioning program for people over 40. Seniors especially welcome. Tue&Thur 10-11am $4-$1/Srs Bldg C 456-7525

Irish Country Dance Lessons For Adults Larry Lynch teaches Ceili (round, long & couples dances) & sets (square dances). No partners necessary. Mon 7-9:30pm $30/7 lessons Bldg C 863-6424

Environment

Friends Of The River Enjoy a whitewater river while contributing to environmental protection. One-day raft trips on the So. Fork American River, sponsored by Friends of the River. 9/3,4,12,13,19,20,26,27 $45-$40 (reservations a must) Bldg C 771-0400

Oceanic Society Activities sponsored by SF Bay Chapter. Bldg E 441-5970

Intermediate Sailing Lessons Orientation to lessons in sail theory, balancing a boat, steering without a rudder, anchoring, man overboard procedure, etc. 9/1 Tue 7:30pm $160/4wks

Beginning Sailing Lessons Orientation lecture on the basic skills of sailing. 9/2 Wed 7:30pm $160/4wks

Man & The Sea Open House Monthly open house & lecture for members, guests & interested public. 9/14 Mon 6:30-9pm $2 Bldg C

Farallon Sail An 8-hour sail to the Farallon Islands with several hours of bird & sea mammal watching. 9/26 Sat 9am-5pm $65

Education

Computer Alliance offers literacy training, computer access, programming, production work & consultation services (incls. choosing systems to buy) focusing on media producers & nonprofits. Tue-Thur 1-4pm (appts 10am-6pm) Bldg E 771-7133

Museo ItaloAmericano offers Italian language classes, cultural education programs, art lectures, a library, gift shop & monthly screenings of Italian films. Bldg C 673-2200

Traffic School Traffic tickets dismissed upon completion of this class. Licensed by DMV & approved by the courts. Sat 9/12&26 9am-5pm, Tue 9/15 & Wed 9/16 6:30-10pm, $20 Bldg C 421-6552

San Francisco Architectural Club presents a workshop taught by Frank Gerber & Steven Semes entitled "Drawings of the Classical Orders: After the French Vignola." The class will be held every other Tue to allow time for completion of drawing assignments. Beginning 9/8 $100-$75/6wks Bldg E 495-3677

People Who Love Too Much A self-help group for women/men whose relationships leave them with more emotional pain than pleasure. Tue 7-8:30pm $1 Bldg C 753-6106

The How Of Change Introducing an alternative psychology that illuminates man's difficulties, man's potential, what can be changed, & how. 9/16 Wed $3 Bldg C 564-9201

African American Historical & Cultural Society Gallery & library hours are Tue-Sat Noon-5pm. Workshops listed below. Bldg C 441-0640

Discussions Of Black Literature Every Sat 10:30am-Noon FREE

Black Writers' Workshop Every Sat 1:30-3:30pm FREE

California Lawyers For The Arts Workshops led by CLA panel attorneys (formerly Bay Area Lawyers for the Arts). Wed 7pm $10-$5 Bldg B 775-7200

Negotiating Film Contracts This workshop, led by an experienced attorney, is designed to answer the basic questions concerning film contracts. 9/16

Trademark & Name Protection This workshop is designed to answer questions regarding how to properly protect & trademark a name. 9/30

Copyright Clinics Artists of all disciplines can consult with a noted copyright attorney about how to complete U.S. copyright forms, as well as related questions such as work-for-hire arrangements, jointly-held copyrights & renewing & modifying copyrights. Two September clinics: 9/12&26 10am-12:30pm $15-$5 Bldg C

Performing Arts

Blue Bear School of Music Call for FREE catalog describing the many classes in popular music. Mon-Thur 1-8pm Sat 10:30am-4pm Bldg D 673-3600

Sacred Dances Of Ancient Civilizations Introduction to relatively unknown ancient dances containing movements & postures designed to evoke certain definite responses in the participants. Contains Egyptian & Sufic influences. 8/27-10/1 Thur 7:30-9pm $35/6 wks Bldg C 564-9201

Vocal Workshop An introduction for both beginners & performers to the basics of good singing, with practical exercises for improving vocal skills. 9/19 Sat 10am-1pm $15 Bldg E 381-6720

Sue Walden Presents Workshops in Spontaneity & Improvisation. Bldg C/E 885-5678

Spontaneity Techniques I Exercises, games & structures that develop skills to release natural spontaneity; fundamentals of improvisation. No experience necessary. Wed 7-10pm $95/6wks

Improvising Scenes I Tools, exercises & practice in creating comedic & dramatic scenes/situations spontaneously. Improv experience is helpful. Mon 7-10pm $110/8wks

Improvising Characters I Explore a variety of ways to become someone else instantly. Pre-req. Scenes II or equivalent. Wed 7-10pm $110/8wks

Spontaneity Techniques II More spontaneity exercises & theater games in smaller groups. Pre-req. Spontaneity I or equivalent. Tue 7-10pm $110/8wks

Improvising Scenes II More scene tools, including subtexts & conflict. Pre-req. Scenes I or equivalent. Wed 7-10pm $110/8wks

Advanced Scenes Techniques Complex performance structures such as dubbing, narratives, quick changes, split screens & *freezes. Pre-req. Scenes II & Characters I.* Thur 7-11pm $120/8wks

Letting Go Workshop A special workshop for the intermediate & advanced improvisor focusing on trust, risk, & the unknown. Mon 7-10pm $110/8wks

Fear As Opportunity Workshop Explore how to make fear your ally & see it as an opportunity for growth. Through group discussions, experimental exercises & skill practices, we will increase our self-acceptance & confidence. Fri 9/25 7-10pm & Sat 9/26 10:30am-2:30pm $85

Improvising Scenes Open Workshop A sampling of games & exercises from the Improvising Scenes I & II workshops, & fun. Appropriate for all levels of experience. Mon 9/14 7-10pm $10

Open Workshop In Spontaneity & Improvisation An evening of exercises & theater games which are noncompetitive, fun & appropriate for all levels of experience. Tue 9/8 & Thur 9/23 7-10pm $10

Martial Arts

ICI Tai Chi Chuan w/Sifu Fong Ha. Complete classical forms w/emphasis on meditative aspects. Tue&Thur 7-9:30pm $45-$35/mo. Bldg C 524-4718

Chinese Martial Arts w/Jack Man Wong. Tai Chi Chuan & Northern Shaolin for robust health, high spirits, rational thinking & self-defense. Wed 5:30-7:30pm, Sun 10am-Noon $40/mo. Bldg C 261-7105

Kung Fu No. Shaolin, Wing Tsun & Tai Chi w/Haymo Schauer. Original styles encompassing self-defense, fitness & personal improvement. Tue&Thur 5:30-7:30pm $30/mo Bldg C 346-4532

Master Cheuk Fung Health & martial arts class introducing Da Cheng Chuan, Hop Gar, Mok Gar Gung Fu & Buddhist Chi Gung. Tue&Thur 7:30-9:30pm $50/mo Bldg C 841-5487

Chen's Tai Chi Assoc. Of The U.S.A. Sifu Gene Chen teaches the original Tai Chi Chuan complete system. Mon&Wed 7:30-9:30pm $45/mo Bldg C 661-3786

We invite you to bring your conferences, classes, performances, meetings or benefits to Fort Mason. Space for suitable activities is available for a nominal daily or hourly fee. Enjoy the pleasure of teaching, working, or performing in this unusual national park location. Call 441-5706 for booking appointments and information.

HANDICAPPED. Ft. Mason can make arrangements for the handicapped if notified in advance. Ramps & elevators are available. Call 441-5706.

Fort Mason offices are now open Monday through Saturday.

Galleries

The Museum Gallery SF Museum Of Modern Art's rental and sales gallery presents an exhibition of drawings by Nina Smith & paintings by Livia Stein & Neil Taylor. 9/8-10/2 Tue-Sat 11:30am-5:30pm (reception 9/8 Tue 5:30-7:30pm) FREE adm Bldg A 441-4777

Museo ItaloAmericano Open Wed-Sun Noon-5pm FREE adm Bldg C 673-2200

Italian Fashion Design An exhibition of original drawings of Italian fashion design, organized & sponosored by the Regione Emilia Romagna & curated by Professor Carlo Arturo Quintavalle, director of the *Centro Studi e Archivo della Comunicazione* of Parma. 9/9-10/30

Permanent Collection A selection of paintings & sculptures from the Museo's permanent collection including the works of David Bottini, Carmen Gloria Morales, Rico LeBrun, Tom Marioni & Emilio Tadini. July through September.

Drawing: Cog.

Italian Fashion Designs by Emilio Schubert Atelier see Museo ItaloAmericano

SF Craft & Folk Art Museum Open Wed-Sun Noon-5pm, $1 adm Bldg A 775-0990

Enduring Traditions: Tibetan Folk Art Highlighted in this exhibition will be gouache paintings & ink drawings of traditional scenes. The majority of the works are by Tibetans now living in India as refugees from their native homeland. Also featured are jewelry, articles of costume, masks, & saddle blankets. 8/26-10/25

Perception Gallery Open Tue-Sun Noon-4pm FREE adm Bldg C 776-0347

Images From Another Reality Paintings & works on paper by Barbara Stamm Dosé. 8/18-9/7 (dialog w/the artists 9/4 Fri 10am-Noon)

David Reid & Vernon Dwelly An exhibition of recent paintings & wood sculptures. 9/8-27 (dialog w/the artists 9/25 Wed 5-8pm)

Venya Iselin Waldis & Alyce Buchanan An exhibition of paintings & porcelain/stoneware containers. 9/29-10/18

Mexican Museum Wed-Sun Noon-5pm, 1st Thur of each month 5-8pm $3/$2 Srs., FREE on Wed Bldg D 441-0404

Teotihuacan Fresco Mural Project Mural-size painting by SF artist Jesus "Chuy" Campusano commemorates & amplifies the M.H. de Young Museum's Teotihuacan mural restoration project. On permanent display in the lobby of Bldg D.

Selected Works Of Jose Juarez Paintings & drawings by the contemporary Mexican painter. 9/12-10/11

La Cocina Mexicana (The Mexican Kitchen) This exhibit of Mexican kitchen utensils will be augmented with documentation on the mythological & historical origins of basic indigenous foods. 9/12/87-1/31/88

Children's Classes

SF Children's Art Ctr. offers instruction in painting, drawing, printmaking & sculpture. Individual attention to each child's development, ages 2-10. Bldg C 771-0292

Let's Pretend A class in theater games, improvisation, characterization, mime & storytelling for ages 4-6. Sponsored by Young Performers Theatre. Classes meet twice a week, 9/28-12/4 $130 Bldg C 346-5550

Children's Animation Workshop All phases of animation: cut-outs, clay models, collage & film strips. Sun Noon-3pm $10/class or $50/6 classes FMC "Friends" 25% off w/mbrs card, pre-reg. req Bldg D 621-3073

The Oceanic Society hosts its annual Sea Camp & Sail Camp for children ages 8-14. Sail Camp concentrates on rowing, sailing, boating safety & related activities, while Sea Camp concentrates on environmental & marine sciences. Call the Oceanic Society for more information. Bldg E 441-5970